



THE LAKE AND PENINSULA SCHOOL DISTRICT

101 Jensen Drive
King Salmon, AK 99613
907-246-4280

1617 S Industrial Way #1
Palmer, AK 99645
907-745-7090



Lake and Peninsula School District's Covid Response Plan

Purpose: Optimizing education for students and student co-curricular opportunities, while being reasonably cautious with the Covid health of students and staff.

This is a working document and may be changed throughout the year as the situation develops and we adapt to changes in approach to COVID-19.

Overall, our guiding principles to our response to COVID in the Lake and Peninsula School District are as follows.....

1. Keep Healthy Children & Staff in School
2. Follow the Guidelines Established by the Center for Disease Control
3. When possible and practical seek input from Community Stakeholders
4. Allow Parents the freedom to make choices they feel best for their family

The District Covid Advisory Committee (DCAC) shall meet on an as-needed basis with the School Administration, Village Covid Advisory Committees (VCAC), Local School Advisory Committee (LSAC), and site staff.

In partnership with the Village Advisory Council, Local School Advisory Council, and Health Providers, it will be determined what level of risk each village is at, what protective steps should be put in place, and what education process will be provided (on-site with recommended precautions or distance).

Please follow these guidelines in determining what actions to take:

- ***If you are sick, whether due to COVID or otherwise, please stay home***
- If you have COVID symptoms you are encouraged to test
- **If you do test positive**, we encourage you to report your results to the head of school, **follow the guidelines on the second page of this document**, and reach out to the regional Public Health Nurse for guidance at (907) 334-2262, or (907) 334-2250. If symptoms are severe, you should immediately reach out to your local clinic and healthcare provider.
- If you were exposed to COVID-19, you can continue to attend school if you are symptom free, but will need to wear a mask for 10 days, should monitor for symptoms, and isolate immediately if you do develop symptoms.
- Students benefit from in-person learning, and safely returning to in-person instruction continues to be a priority.



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CDC Guidance for COVID-19 Prevention in K-12 Schools

If you test positive for COVID-19, stay home for at least 5 days and isolate from others in your home. You are likely most infectious during these first 5 days.

- [Wear a high-quality mask](#) if you must be around others at home and in public.
- Do not go places where you are unable to wear a mask.
- Do not travel.
- Stay home and separate from others as much as possible.
- Use a separate bathroom, if possible.
- Take steps to [improve ventilation](#) at home, if possible.
- Don't share personal household items, like cups, towels, and utensils.
- Monitor your [symptoms](#). If you have an [emergency warning sign](#) (like trouble breathing), seek emergency medical care immediately.
- Learn more about [what to do if you have COVID-19](#).

When you test positive for COVID-19, isolation is counted in days, as follows	
<p>If you had no symptoms</p> <ul style="list-style-type: none"> • Day 0 is the day you were tested (not the day you received your positive test result) • Day 1 is the first full day following the day you were tested • If you develop symptoms within 10 days of when you were tested, the clock restarts at day 0 on the day of symptom onset 	<p>If you had symptoms</p> <ul style="list-style-type: none"> • Day 0 of isolation is the day of symptom onset, regardless of when you tested positive • Day 1 is the first full day after the day your symptoms started

Ending Isolation

End isolation based on how serious your COVID-19 symptoms were. Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation.

- If you had **no symptoms**, you may end isolation after day 5, while continuing to wear a mask at school through day 10.
- If you **had symptoms and your symptoms are improving**, you may end isolation after day 5 if you are fever-free for 24 hours (without the use of fever-reducing medication), while continuing to wear a mask at school through day 10.
- If your **symptoms are not improving** by day 5, you need to continue to isolate until you are fever-free for 24 hours (without the use of fever-reducing medication), and your symptoms improve.
- If you **had symptoms and had moderate illness** (you experienced shortness of breath or had difficulty breathing), you need to isolate through day 10.
- Severe illness (you were hospitalized) or have a weakened immune system, you need to isolate through day 10. Consult your healthcare provider before ending isolation.